

WHERE CHALLENGE MEETS CHANGE



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The 2022 Spring Recre8 Program

A SAILING & HIKING ADVENTURE

14-19 years

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Join us for an awesome adventure on a ten-day hiking and sailing expedition around Moreton Island.

For young people aged 14-19 in the Northern Rivers NSW region

Are you looking for an opportunity to make changes in your life?

If you've been having a bit of a tough time lately, struggling with family, school, friends, relationships, life...we run an exciting program, that includes a ten-day hiking/sailing adventure expedition, that will give you a chance to get away from it all, and could help you sort some things out for the better.

Who are we?

We are a fun-loving team of experienced adventure therapists who have been working with youth in the outdoors for over ten years. We are passionate about providing unique opportunities for positive change for young people.



What do we do?

We'll start with a two day camp to meet everyone, have some fun and get a taste of expedition life. Next is our ten day expedition, which is a chance to experience an awesome wilderness adventure hiking around Moreton Island, and then sailing through Moreton Bay and Stradbroke Island.

You'll learn to sail our traditional wooden boats alongside dugongs, whales, turtles and dolphins, camp on remote beaches, stargaze and story-tell by the fire, and share great times with new friends. We'll keep in touch after the expedition, and then after a month we'll all get together again for a two day rainforest reunion retreat.

Important dates

Applications close - 20 July 2022
Preparation camp - 16-17 August 2022
Expedition - 30 August - 8 September 2022
Reunion camp - 4- 5 October, 2022

Numbers are limited to 12 young people from across the region. We'll be selecting a crew who are keen for the experience and could use a bit of extra support.

If you are interested, but unsure, we can arrange to come and meet with you to explain more about the program, and answer your questions.

Find out more

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